

DE VLEESHUIS

Over \$2000 in cash and prizes!

(say, Flays-Hoose)

Sunday
April 18, 2010
Bakersfield, CA

Held under USA Cycling Permit

Presented by:



aiage.org



BIKE BAKERSFIELD
BICYCLING FOR EVERYDAY TRANSPORTATION



GLINN & GIORDANO
PHYSICAL THERAPY

Bidart
Bros.

ActionSports



RONDE

"A Road Race for the Strong"

For Race Details go to www.teamactionsports.com

DE VLEES HUIS RONDE



April 18, 2010
SCNCA
 Southern California/Nevada Cycling Association

CATEGORIES AND INFO

| Category | Start time | Distance | Purse | Places | Entry Fee |
|---------------|------------|-----------------|--------|--------|-----------|
| Women 1,2,3 | 8:00am | 2 laps/60 miles | \$200 | 6 | \$30 |
| Men 55/60 1-5 | 8:10am | 1 lap/30 miles | \$150 | 6 | \$25 |
| Cat 5 | 8:20am | 1 lap/30 miles | Awards | 6 | \$25 |
| Men 30+ 4/5 | 8:30am | 1 lap/30 miles | \$150 | 6 | \$25 |
| Women 3/4 | 8:35am | 1 lap/30 miles | \$150 | 6 | \$25 |
| Cat Pro 1/2 | 10:35am | 3 laps/90 mile | \$600 | 10 | \$35 |
| Cat 3 | 10:40am | 2 laps/60 miles | \$200 | 6 | \$30 |
| Cat 4 | 10:50am | 2 laps/60 miles | \$200 | 6 | \$30 |
| Men 35+ 1-4 | 11:00am | 2 laps/60 miles | \$200 | 6 | \$30 |
| Men 45+ 1-4 | 11:10am | 2 laps/60 miles | \$200 | 6 | \$30 |

A purse showing \$\$ money indicates CASH...you'll have earned it! Field Limits - Cat 5 men = 50, Cat 3/4 women = 75, Men 55/60 = 75, all other races = 100

RACE INFORMATION

Race Directors: Ryan Rickard and Sam Ames

COURSE

We have found the course....come receive the challenge....
 A classic European style 30 mile loop. Easy flats, steady climb, and lots of puncher climbs in between the flats back to the finish. Finish is after a steady uphill kick. Road conditions vary from excellent to VERY choppy in a few spots. This is an open course with centerline rule **STRICTLY** enforced for the entire course. You can find course profile, video and details at teamactionsports.com by March 20th.

DIRECTIONS

From Hwy. 99 exit Hwy 58 East. Proceed east to Towerline Road, turn left (North) on Towerline Rd. to Bena Road. Turn right to race parking. **PLEASE PARK "IN"** and **NOT** parallel with the road. This will allow for more parking. Parking is permitted on the North or South side of Bena Rd.

REGISTRATION: Add \$5 for race day registration

PRE-REGISTRATION STRONGLY ENCOURAGED! Online entry is available at socialreg.com. Online registration closes Thursday April 15th. at midnight. All racers, pre-registered or not must produce a "signed in ink" waiver at the pre-ride or day of to get your number.
PLAN AHEAD! Waivers for licensed riders can be found here:

http://www.usacycling.org/forms/riders_release.pdf

Riders without a USA Cycling license must buy a one day license for \$10. You may only enter the Men Cat. 5, Juniors and Women 4's respectively to your gender or age. If you plan on road racing more, why not get an annual license! Go to www.usacycling.org to purchase. One day unlicensed racers will complete their one day license form at the pre-ride or day of.

Snail Mail entries may be sent to and payable to: Sam Ames, "Vlees RR" 5100 Venus Ct. Bakersfield, CA 93306. Do not mail entries after April 11th! Registration opens at 6am race day and will be located at the start finish area. Registration will close 15 minutes prior to each race start.

Prizes can be picked up at the registration area. Awards podium for the 8-8:35am races will be at approximately 11am. Award podium for the 10:30-11:10am races will be at 3pm, or as soon as the final race concludes and results are final.

FREE PASTA FEED!!
SATURDAY EVENING

GENERAL INFORMATION

LAND OWNER RULES FOR THE SOUTH SIDE OF BENA/ORANGE ORCHARDS:

Pop ups are **OK** for shade, **STAY OUT** of the orchard, **DO NOT** pick fruit, **NO** vending of any kind, **NO** going to the bathroom in the orchards

NO private follow vehicles, **CHP** rules. Joining other races, receiving support, drafting or helping other riders in other categories is not allowed! There are **NO SPARE WHEEL VEHICLES**....at this time. We will try....!! Prepare thy wheels. Strong tires, strong tubes and sealant. Make this race great, we will have vehicles next year. Come prepared to fix your own flat!

FEED ZONE: to get to the feed zone go back to Towerline Rd. and back onto Hwy 58 EAST. Exit Hwy. 223. Turn right onto Bena Rd. to the feed zone signs. **DO NOT GO ONTO THE COURSE VIA THE START FINISH AND DO NOT GO THRU THE FEED ZONE ONTO THE COURSE!** No neutral feeds, you are on your own. **PICK UP YOUR BOTTLES AND TRASH!!**

DO NOT go to the bathroom in public!! Use the bathrooms provided. **DO NOT** disturb the residence near the start with loud music, profanity or any other disruptive behavior. **DO NOT** jeopardize this incredible new event!! Stay safe, race strong!

Numbers are to be placed on the **RIGHT AND LEFT (BOTH SIDES!)** and well pinned. Numbers should show well and be flat when in the "on the bike" position.

No warming up on the course, bring a trainer.

All USA Cycling rules apply (www.usacycling.org). Races run rain or shine. No refunds.

This is an open course with centerline rule **STRICTLY** enforced for the entire course. A course profile, this flyer and video will be available by March 20th at www.teamactionsports.com

PRE-RIDE!!
SATURDAY MORNING

We will be hosting a **PRE-RIDE** of the course Saturday April 17th. at the start/finish line at 9am. Coffee and pastries will be provided. This will be a **VERY** casual pre-ride. You may also pick up your race number and register.

We are also hosting a pasta dinner/registration and number pickup Saturday night, April 17th. at 4-8pm. Location: AIAGE/Rous Cycling Team House, 2222 Dracena Street, Bakersfield 93304.

TAKE ADVANTAGE OF THIS, ENJOY AND REGISTER!

Please RSVP for the pre-ride **AND/OR** the pasta dinner to: sam@teamactionsports.com. Both of these very cool and generous events are **FREE!**—Say thank you to the hosts!